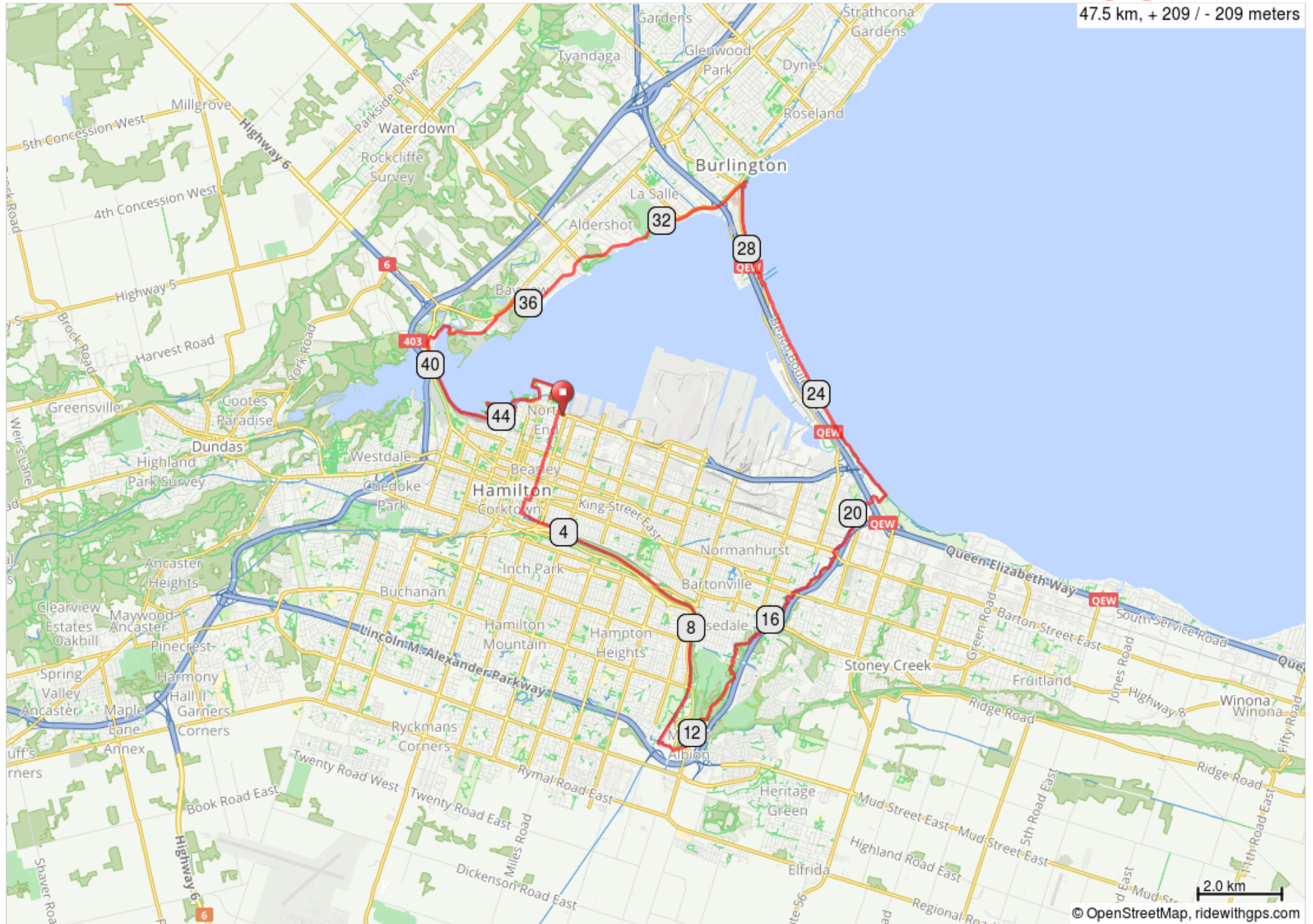


HamBur Loop / Bike for Mike



47.5 km, + 209 / - 209 meters



Starting at Collective Arts & riding counterclockwise

HamBur Loop / Bike for Mike

Num	Dist	Type	Note	Next
1.	0.0	▶	Start of route	0.1
2.	0.1	←	L onto Ferguson Ave N	2.2
3.	2.3	→	R onto Jackson St E	0.1
4.	2.4	←	L onto Walnut St S	0.4
5.	2.8	←	L onto Young St	0.1
6.	2.9	→	R onto Ferguson Ave S	0.0
7.	2.9	←	L onto Escarpment Rail Trail	8.4
8.	11.3	←	L onto Arbour Rd	0.1

11.3 kilometers. +119/-12 meters

Num	Dist	Type	Note	Next
9.	11.4	←	L onto Mountain Brow Blvd	0.0
10.	11.4	→	R onto Red Hill Trail	1.2
11.	12.6	←	L	1.4
12.	13.9	↑	Continue onto Hamilton King's Forest Park	0.0
13.	14.0	→	Sharp R	0.0
14.	14.0	←	Slight L onto Hamilton King's Forest Park	0.2
15.	14.2	↑	Continue	0.2
16.	14.4	→	R	0.0
17.	14.4	←	L	1.5
18.	15.9	←	Slight L	0.1
19.	16.1	→	Slight R	0.1

4.7 kilometers. +0/-88 meters

Num	Dist	Type	Note	Next
20.	16.1	→	Slight R onto King Street East Tunnel	0.0
21.	16.2	→	Slight R	0.1
22.	16.3	←	L	0.8
23.	17.1	→	Slight R	0.1
24.	17.2	→	R	2.6
25.	19.8	→	R	0.0
26.	19.8	→	R	0.5
27.	20.3	→	R	0.0
28.	20.3	↑	Continue onto East Hamilton Waterfront Bridge	0.2
29.	20.6	↑	Continue	0.6
30.	21.1	←	L onto Breezeway Trail/Waterfront Trail	5.9

5.1 kilometers. +0/-16 meters

Num	Dist	Type	Note	Next
31.	27.0	←	L onto Waterfront Trail	2.5
32.	29.5	→	Slight R to stay on Waterfront Trail	0.2
33.	29.7	←	L	0.2
34.	29.9	→	R toward Lakeshore Rd	0.0
35.	29.9	←	L onto Lakeshore Rd	0.0
36.	29.9	↑	Continue onto North Shore Blvd E	1.7
37.	31.6	←	L to stay on North Shore Blvd E	4.8
38.	36.4	←	L onto Plains Rd W	0.8
39.	37.2	←	L onto Spring Gardens Rd	1.4

16.1 kilometers. +57/-26 meters

Starting at Collective Arts & riding counterclockwise

Num	Dist	Type	Note	Next
40.	38.6	←	Slight L onto Valley Inn Rd	0.6
41.	39.3	←	L onto Waterfront Trail	1.0
42.	40.2	←	L to stay on Waterfront Trail	2.3
43.	42.5	←	L to stay on Waterfront Trail	0.1
44.	42.6	←	L to stay on Waterfront Trail	1.3
45.	43.9	→	R to stay on Waterfront Trail	0.0
46.	43.9	←	L to stay on Waterfront Trail	0.1
47.	44.1	←	L onto Harbour Front Dr	0.1
48.	44.2	←	L	0.5
49.	44.6	→	R	0.1
50.	44.7	←	Slight L	0.0

7.5 kilometers. +28/-29 meters

Num	Dist	Type	Note	Next
51.	44.8	←	L toward Waterfront Trail	0.0
52.	44.8	→	R toward Waterfront Trail	0.2
53.	45.0	↑	Continue onto Waterfront Trail	0.5
54.	45.4	←	L to stay on Waterfront Trail	1.2
55.	46.7	←	Slight L onto Catharine St N	0.1
56.	46.8	←	Slight L onto Dock Service Rd	0.3
57.	47.1	→	R onto Ferguson Ave N	0.3
58.	47.4	←	L onto Burlington St E	0.1
59.	47.5	🚩	End of route	0.0

2.8 kilometers. +0/-0 meters