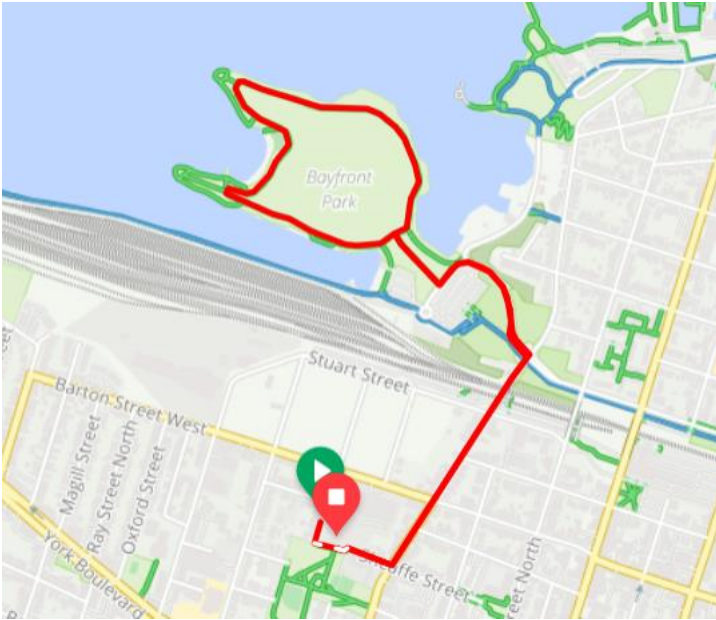


The 5km Family Ride

Bike or walk Hamilton's Waterfront Trail around Bayfront Park on a combo of paved multi-use trails and low traffic roads with dedicated bike lanes. This route is suitable for all ages, skill levels, and bike types. Walkers are welcome!



Instructions

- 1) Turn left out of the Bridgeworks onto Caroline St. N
- 2) Enter Central Park and take your first left
- 3) Ride up the hill to Sheafe St.
- 4) Continue along Sheafe St. and turn left onto Bay St.
- 5) Continue along Bay St. to Harbourfront Dr.
- 6) Turn left on Harbourfront Dr. and go down the hill!
- 7) Turn right into bayfront park.
- 8) Complete the loop in clockwise direction (turn left at fork)
- 9) Exit Bayfront Park to Harbourfront Drive.
- 10) Ride up the Harbourfront Drive hill to Bay St.
- 11) Turn right onto Bay St.
- 12) Continue along Bay St. until you reach Sheafe St.
- 13) Turn right on Sheafe St. and continue to Central Park
- 14) Turn right out of Central Park onto Caroline St. N
- 15) The Bridgeworks will be on your right
- 16) Celebrate with friends and family!