

50km Hambur Route

Sign-in: 8:00-8:30 am

Welcome and Safety: 8:30-8:45 am

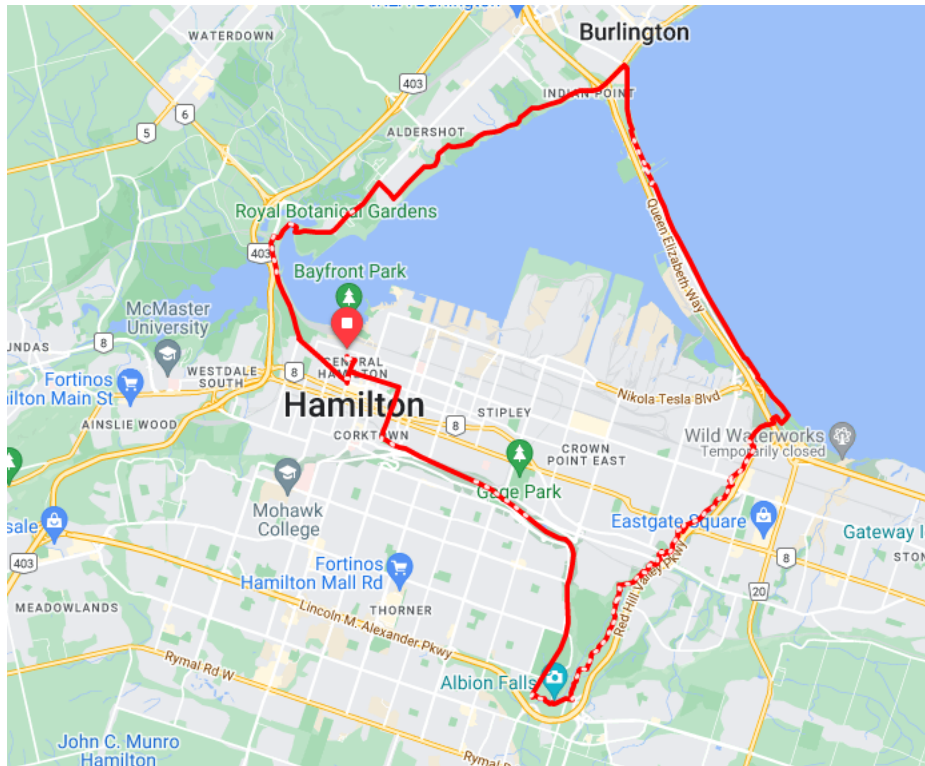
Ride Start: 8:45am

The HamBur Loop cycling route links existing trail networks and traces sections of North America's oldest road race, the Around the Bay – first run in 1894. The HamBur is designed for touring cyclists to experience the region on two wheels. Terrain is 80% paved and 20% packed and loose gravel suitable for hybrid, cyclocross and mountain bikes. The HamBur has links to The Waterfront Trail, The Great Trail and Greenbelt paths.

This ride starts and ends at Bridgeworks.

1. Left out of the Bridgeworks onto Caroline St. N
2. Enter Central Park and take your first left up the hill to Sheafe St.
3. Continue along Sheafe St. to Bay St.
4. Turn right on Bay St.
5. Follow Bay St. to Cannon St.
6. Turn left on Cannon St.
7. Continue along Cannon St. to Ferguson Ave.
8. Turn right on Ferguson Ave.
9. Continue along Ferguson Ave. to Corktown Park.
10. Enter Escarpment Rail Trail through Corktown Park
11. Take the Escarpment Rail Trail all the way up!
12. When you get to the end of the Escarpment Rail Trail, you'll be in the Albion Falls Parking Lot
13. Exit the parking lot, turning left on Arbor Road.
14. Turn right on Mud St.
15. Continue on Mud Street until you reach the Red Hill Trail south parking lot.
16. Follow the HamBur loop signs along the red hill trail all the way down to Confederation Park!
17. Turn left onto the Hamilton Beach Trail, and follow this trail to Lakeshore Road (Burlington) – about 8.5km
18. Turn left on Lakeshore Road
19. Continue onto North Shore Blvd E
20. Left onto Plains Road W
21. Left onto Spring Gardens Rd
22. Slight left onto Valley Inn Rd and go over the little bridge (climb ahead)
23. Continue up the big hill and exit at York Blvd, turning left
24. Follow York Blvd to Bay Street and Turn left

25. Follow Bay Street to Sheafe St.
26. Turn left at Bay St. and enter Central Park
27. Exit Central Park at Caroline St. N
28. The Bridgeworks will be on your right
29. Celebrate with family and friends!



To access a GPS route, click here <https://ridewithgps.com/routes/41876629>