

Messic and Mostion

## 25km Café Route

Sign-in: 9:15 - 9:45 am Welcome & Safety: 9:45 - 10:00 am Ride Starts: 10:00 am

Take a leisurely jaunt into beautiful Dundas with a pitstop at Cafe Domestiique to refuel and enjoy some live music. This route features paved and multi-use trails, ~1km of packed gravel Rail Trail, and moderately busy roads with dedicated bike lanes or cycling signage.

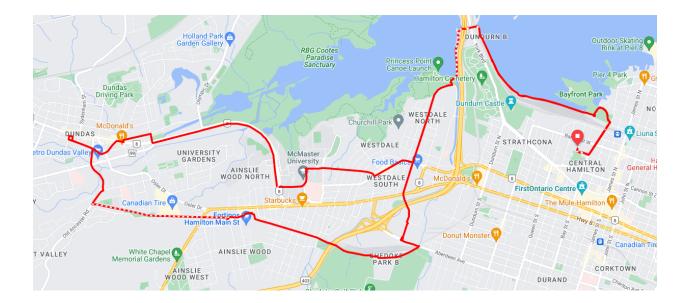
This ride starts and ends at Bridgeworks

- 1. Turn left out of the Bridgeworks onto Caroline St. N
- 2. Enter Central Park and take your first left
- 3. Ride up the hill to Sheafe St.
- 4. Continue along Sheafe St. and turn left onto Bay St.
- 5. Continue along Bay St. to Harbourfront Dr.
- 6. Turn left on Harbourfront Dr. and go down the hill!
- 7. Turn right onto Desjardins trail
- 8. Continue along Desjardins trail for 3km until reaching Longwood Rd.
- 9. Right onto Longwood Rd. N.
- 10. Straight to Continue on Longwood Rd. S.
- 11. Left onto Aberdeen Ave.
- 12. Right onto Studholme Rd.
- 13. Straight to Join Hamilton-Brantford Rail Trail Extension
- 14. Continue on Extension to Ewen Rd.
- 15. Left onto Ewen Rd.
- 16. Immediate right onto Hamilton-Brantford Rail Trail
- 17. Continue on Rail Trail to Lynden Ave.
- 18. Right onto Lynden Ave.
- 19. Left onto South St.
- 20. Right onto Ogilvie St.
- 21. Left onto Hatt St.
- 22. Right into Pitstop Domestiique
- 23. Left onto Hatt St
- 24. Continue onto York St.
- 25. Right onto King St. W.
- 26. Straight to continue onto Cootes Dr
- 27. Slight right to continue onto Cootes Dr Bike path
- 28. Left into McMaster Campus College Ct. at lights
- 29. Continue onto King St. W. on campus (slight left)
- 30. Right onto Sterling St.
- 31. Left onto King St. W.
- 32. Left onto Longwood Rd. N.



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- 33. Left into Princess Point
- 34. Follow Bayfront trail from Princess Point to Pier 4.
- 35. Exit Bayfront Park to Harbourfront Drive.
- 36. Ride up the Harbourfront Drive hill to Bay St.
- 37. Turn right onto Bay St.
- 38. Continue along Bay St. until you reach Sheafe St.
- 39. Turn right on Sheafe St. and continue to Central Park
- 40. Turn right out of Central Park onto Caroline St. N
- 41. The Bridgeworks will be on your right
- 42. Celebrate with friends and family!



To access a GPS route, click here https://ridewithgps.com/routes/41876450